ADHD Resources

ORGANIZATIONS

- Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)
 - CHADD has 2 Georgia Groups:
 - Atlanta CHADD- <u>www.chadd.net/193</u>
 - East Cobb CHADD- <u>www.chadd.net/300</u>
 - ADHD Info- <u>www.chadd.org/NRC</u>
- NAMI Georgia Chapter- <u>www.namiga.org</u>
 - Offers support groups and educational programs for families
- ImpactADHD
 - Online training, coaching, and support programs for parents
 - o <u>www.impactADHD.com</u>

BOOKS/LEARNING MATERIALS

- <u>10 Days to a Less Distracted Child: The Breakthrough Program that Gets Your Kids to Listen,</u> <u>Learn, Focus, and Behave</u> by Jeffrey Bernsterin, Ph.D.
- <u>Taking Charge of ADHD: The Complete Authoritative Guide for Parents</u> by Russell Barkley, Ph.D.
- The ADD/ADHD Checklist: A Practical Reference for Parents and Teachers by Sanra Reif, M.A.
- The Survival Guide for Kids with ADD and ADHD by John F. Taylor, Ph.D.
- <u>The ADHD Workbook for Kids: Heling Children Gain Self-Confidence, Social Skills, and Self-Control</u> by Lawrence E. Shapiro, Ph.D.
- <u>Smart but Scattered</u> by Peg Dawson and Richard Guare
- <u>The Explosive Child</u> by Ross W. Greene
- <u>The Whole Brain Child by Daniel Siegal and Tina Payne Bryson</u>
- <u>Blast Off to Reading!: 50 Orton-Gillingham Based Lessons for Struggling Readers and Those with</u> <u>Dyslexia</u> by Cheryl Orlassino